

Dr. Popoola-Session B

Goals

1. Increase knowledge about epidemiology of adolescent depression.
2. Identify psychiatric symptoms associated with adolescent depression.
3. Increase knowledge base about treatment modalities available for treating adolescent depression.

Summary

The importance of adolescent depression cannot be over emphasized. The impact on the developing adolescent's physical, emotional, social and academic potential are far reaching, leading to the possibility of failure to navigate this complex part of development if not properly addressed.

As such, case managers need both a high index of suspicion, as well and an adequate clinical knowledge base to identify presenting symptoms, so as to make referrals as needed, especially considering the higher level of physical contact case managers have with adolescents. The incidence of adolescent attempted suicides, along with completed suicides in the United States would be impacted positively.

This presentation is aimed at increasing the ability of the case manager to identify depressive symptoms in an adolescent, understand the ramifications of non identification of symptoms and highlight different treatment modalities available in the treatment of adolescent depression.