



Newsletter
April-May 2008

Message from the president

Spring has arrived! Time to be energized by the warmer temperatures and longer days. This has been a year of excellent programs and record attendance for the annual conference. We are excited to have an upcoming First Annual Spring Mini Conference on April 12th. This was organized in response to many requests for a Saturday conference. Another first will be a meeting on the Eastern Shore. We are crossing the Bay Bridge for a morning program in Centerville on May 20th.

Elections will be at the end of June. Voting will be done electronically and we are working out the bugs in order to make this an easy process for all. Consider running for office. It is rewarding, both personally and professionally.

Many chapters have gone to all electronic communication. Our goal is to have this in place by September. The cost of mailings continues to rise and is becoming prohibitive. Continue to check the website (www.cmsacheseapeake.org) for information on programs, job postings, and upcoming events. There is also a contact section. This may be used to submit questions and updated contact information.

Look forward to seeing you at an upcoming meeting.

Janet Reinsel, RN, LCSW, CCM
President-CMSA Chesapeake

Upcoming Programs

April 12, 2008

First Annual Spring Mini Conference
8:30 am to 1pm-Franklin Square Hospital Conference Center

May, 14, 2008 6pm. The Rose Restaurant-6075 Belle Grove Rd
Baltimore, 21225, www.roserestaurant.com

Annual Thank You to case managers and vendors

This is an evening for networking, relaxing and good food. Last year's event was a huge hit. Join the fun.

May 20, 2008 9am. ***

The first CMSA program on the Eastern Shore Topic -Wellness
Queen Anne Hospice- Centerville

June, 2008.

Possible topic-Update on Healthcare Issues in Maryland

October 7, 2008

Topic-Care Management -The Juggling Act
Annual All Day Conference-Maritime Institute, Linthicum

More information is available at the website www.cmsacheseapeake.org

Programs are subject to change. Please check www.cmsacheseapeake.org for program information or leave a message at 410-560-2070.

In the event of inclement weather please call 410-560-2070 for meeting status.

CMSA of the Chesapeake
P.O. Box 1816 • Millersville, MD 21108 • (410) 560-2070

First Spring Mini Conference

Need CEU's? Can't take time off during the week? Need to know more about federal changes and new regulations? Then join us at Franklin Square Hospital Center for an informative keynote session and breakouts on COPD and Leukemia / Lymphoma resources. This program has been approved for CCM and Social Work Category I credits. Workers Comp CEU's are pending. See www.cmsachapeake.org for a brochure. You must pre-register. Walk-ins are subject to available space.

Annual All Day Fall Conference will be October 7, 2008 at the Maritime Institute and Conference Center.

Keynote speakers include Carole Stole Upman and Susan Rogers. There will be three tracks – pediatric, workers comp, and generalist. Our goal is to have 225 case managers in attendance. We are receiving inquiries from case managers in Philadelphia, Virginia, Washington DC and New Jersey. Word has gotten around that this conference is a must!

Annual Conference (2007) Winners—

Susan Guth won a \$50 gift certificate to Capital Grille. Her conference evaluation was selected at random.

Mary Lou McCurdy was the winner of a free one year CMSA membership. Her completed vendor bingo card was also selected at random. Mary Lou has joined the legislative committee.

In June five winners will be selected for free registration to the 2008 annual conference. Complete a registration at each meeting to increase your chances of winning!

Update from the Legislative Committee

Nurses Night in Annapolis- CMSA of the Chesapeake participated in Nurses Night in Annapolis on Feb. 13, 2008 for the second consecutive year. Our Chapter participated at the sponsor level, increasing our monetary support over last year. Nurses Night is coordinated by the Maryland Nurses Association in order to advance the legislative agenda of the MNA but also to encourage all Maryland nurses to become knowledgeable and active in promoting health care objectives. At least 10 CMSA members attended this year and most traveled to Annapolis early in the day to share lunch at "Chick and Ruth's Delly". At lunch we discussed the legislative objectives of CMSA, with special attention to the budget challenges faced by the State of Maryland and implications of the upcoming presidential election. Following lunch, members attended a legislative briefing conducted by MNA lobbyists. The briefing enjoyed overwhelming attendance this year- standing room only. Following the briefing, nurses met with state senators and representatives to discuss objectives one on one. Later, the group was addressed by Maryland's two nurse legislators Shirley Nathan-Pulliam, D: House of Delegates Baltimore County and Adie Eckardt, R: House of Delegates Eastern Shore. The last event of the evening was a reception held at the Governor Calvert House.

CMSA members had a great time and felt privileged to be part of the political process. We hope to attend again next year and increase participation by our membership.

Chapter Liaison to CMSA National Public Policy Committee- Laurie Russell has been named Chapter Liaison to the CMSA National Public Policy Committee. The role of the Liaison is to directly network with the National Public Policy Committee. Each Liaison is assigned a Mentor from the National Committee, to help with grassroots tapping into local legislators and find ways to get involved locally with health policy. In return, the Liaison can share key issues back to the Committee so that National is aware of what is going on locally. Also, as the National Committee has initiatives or information about national issues, information will be distributed to the chapter liaisons to help promote CMSA vision through local public relations such as newsletters, websites, meeting handouts. Our Mentor, from New Jersey, is Jose Santoro. We hope to have Jose address our membership at a chapter meeting in the near future. The National Committee and Chapter Liaisons will be visiting Capitol Hill on April 9. The event is similar to Nurses Night in Annapolis- on a Federal level.

***Membership Highlights**

Laura Gambrell, RN, graduated summa cum laude with a BSN from Villa Julia College. Laura is a program coordinator at The Coordinating Center.

Joann Rease, RN, and Sarah Newsome, RN recently earned the designation of Certified Case Manager (CCM). They first had to meet stringent criteria in order to qualify for the comprehensive exam. Joann and Sarah are case managers for Johns Hopkins HealthCare.

Kathleen Grieve RN, BSN, MHA, CCM will be presenting follow-up information on Guided Care at the CMSA national conference in Orlando, FL in June.

CMSA of the Chesapeake invites local members to share news of their own or their colleagues such as awards, presentations, publications, educational achievements, etc. for potential publication in our newsletter.

Please submit items to cmsa@cmsachesapeake.org.

Advance Directive Parties

Leslie Piet has been using this method to complete advance directives for nearly three years and it has been met with giggles and satisfaction. She would be happy to teach other case managers how to facilitate an advance directive party. Leslie can be contacted at lejprn@aol.com .

Corporate Partners.

Thank You! to the following organizations for their support in our efforts to broaden awareness of the practice of case management for professionals in the Chesapeake area. Please check our website for further information about these organizations.

Chesapeake Rehab
Johns Hopkins Home Care Group
Kennedy Krieger Institute
Medi Rents and Sales
NeighborCare
TenderLoving Care Home Care